



















SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>"The two most powerful warriors are patience and time."</i> Leo Tolstoy</p>	<p><b>Civic Holiday 1</b> 10:30 Storytelling with Mrs. King 2:30 Sing-A-Long With Paul Cheung 7:15 Musical DVD</p>	<p>10:00 Exercise 2 Gently 2:00 Library Assistance  2:15 <b>DARTS</b> 7:30 Bingo Night</p>	<p>10:00 Fitness 3 12:00 <b>PATIO BARBECUE</b> 7:15 Bridge, Euchre, Cribbage &amp; Tile Rummy </p>	<p>10:00 Movement 4 10:45 Chapel Time Moody DVD: "Where The Waters Run" 2:30 <b>IN CONCERT</b> with <b>ALEC &amp; AARON</b></p>	<p>10:00 Exercise 5 10:45 Variety Quiz 2:00 Library Assist. 2:15 Ice Cream Parlour  7:30 <b>Arts Night</b></p>	<p>6 7:30 Yongestirs' Movie Night</p>
<p>10:30 Worship 7 Service with Rev. Paul Fawcett 2:15 Afternoon Games </p>	<p><b>9:00-5:45 8 GRAND RIVER CRUISE, LIVE SHOW AND LUNCH</b> 7:15 Bible Study with Rev. Fawcett </p>	<p>10:00 Exercise 9 12:30 <b>BIRTHDAY LUNCHEON</b> 2:00 Library Assist. (2:30 Shredder Day)  7:30 Bingo Night</p>	<p>10:00 Fitness 10 2:30 Tea Social with cake 7:15 Bridge, Euchre, Cribbage &amp; Tile Rummy</p>	<p>10:00 Movement 11 10:45 Chapel Time DVD: "God of Creation" 2:15 <b>Shuffleboard</b> 7:30 <b>CBC Movie:</b> "The Human Footprint"</p>	<p>10:00 Exercise 12 Gently 10:45 Crossword 2:00 Library Assist. 2:15 Ice Cream Parlour 7:30 Games Night </p>	<p>10:30 13 Current Events 7:30 Yongestirs' Movie Night</p>
<p>10:30 14 Worship Service with Dr. Richard Holiday 2:15 Games </p>	<p>10:00 <b>TAI CHI 15</b> 10:45 <b>MORNING COFFEE WALK</b> 2:30 <b>ART CLASS</b> 7:15 Bible Study with Dr. Holliday </p>	<p>10:00 Exercise 16 10:45 Travel Video 2:00 Library Assist. 2:15 <b>Discussion Group</b> 7:30 Bingo Night</p>	<p>9:45 <b>Banking 17</b> 10:30 Fitness 12:00 <b>PATIO BBQ</b> 7:15 Bridge, Euchre, Cribbage &amp; Tile Rummy </p>	<p>10:00 Movement 18 10:45 Chapel Time 2:15 <b>Crafts</b> 7:30 <b>FIT AS A FIDDLE GROUP</b>  ~LIVE SHOW~</p>	<p>10:00 Exercise 19 10:30 Variety Quiz 2:00 Library Assist. 2:15 <b>FAREWELL ICE CREAM SOCIAL FOR PATRICIA</b></p>	<p>7:30 20 Organ Concert with Mrs. Mary Prescott </p>
<p>10:30 21 Worship Service and Communion 2:15 Afternoon Games </p>	<p>10:00 <b>TAI CHI 22</b> 10:45 Educational Video 2:30 Sing-A-Long with Paul Cheung 7:15 Bible Study</p>	<p>10:00 Exercise 23 Gently 2:00 Library Assistance  2:15 <b>Scrabble Club</b> 7:30 Bingo Night</p>	<p>10:00 Fitness 24 10:30 <b>Catholic Mass</b> 2:30 <b>MIX AND MINGLE</b> 7:15 Bridge, Euchre, Cribbage</p>	<p>10:00 Movement 25 10:45 Chapel Time 2:15 <b>Men's Club</b> 7:30 <b>SLIDE SHOW</b> With Keith: "England"</p>	<p>10:00 Exercise 26 Gently 10:45 Crossword 2:00 Library Assist. 2:15 Ice Cream Parlour  7:30 Games Night</p>	<p>7:30 27 Mary's Movie Night</p>
<p>10:30 28 Morning Worship with Rev. Hubbard 2:15 Afternoon Games </p>	<p>10:00 Exercise 29 10:45 <b>WALK to Ramsden Park</b> 2:30 <b>ART CLASS</b> with Chantelle 7:15 Bible Study</p>	<p>9:45-4:00 30 <b>WARD'S ISLAND OUTING &amp; LUNCH</b> 7:30 Bingo Night </p>	<p>9:45 <b>Banking 31</b> 10:30 Fitness 12:00 <b>PATIO BBQ</b> 7:15 Bridge, Euchre, Cribbage &amp; Tile Rummy</p>	<p><b>AUGUST 2011</b> </p>		<p><b>LOCKER ROOM OPEN:</b> Tues. 7:00 - 8:00pm Thurs. 10:30 - 11:30am <b>LAUNDRY ROOM OPEN DAILY:</b> 6:00 - 10:00pm</p>